Prayers for Mealtime

- 1. For the continuing of your lovingkindness unto us, we give you all thanks, O Lord. Fulfill all our needs and save us, for Jesus' sake. *Amen.*
- 2. You have saved and preserved us, O Lord. May we by our lives never bring reproach upon the name of Jesus, but ever learn to live for you, and to your honor. *Amen*.
- 3. Lord, may you never cease your kindly care over us, and may we also continue unceasingly to bless you for all your past and present blessings. *Amen.*
- 4. Do bless our meal today, and may your Spirit fill us with gratitude for all these abundant blessings. *Amen.*
- 5. Give us grace to be grateful for the blessings which you have so bountifully spread before us today. In your own name we pray. *Amen*.
- 6. O God who satisfies our mouths with the good things, we praise you for your gracious providence, and invoke your blessing as we partake. *Amen*.
- 7. We give you thanks for life and all its blessings. Give this food to nourish our bodies, and your Word of Truth to sustain our souls. *Amen*.
- 8. Keep us ever humble, Lord, that we may be the ready recipients of your goodness. Deliver us from pride and wickedness, and supply our wants. *Amen*.
- 9. O Lord, we thank you for life and the joy of living, for health and strength, and for these blessings fresh from your hand of love. Through Jesus Christ. *Amen*.
- 10. All things come to you, O Lord, and for these and all your blessings we give hearty thanks, in the name of Christ our redeemer. *Amen*.
- 11. Bless, O Lord, this provision of your goodness to our use, and us to your service, for Christ's sake. *Amen*.

- 12. Thanks be to you, O Lord, for these and all the blessings so generously provided. We thank you in the name of Christ. *Amen.*
- 13. Lord, we thank you for this food. Sanctify it to our use, pardon our sins, and save us for Christ's sake. *Amen*.
- 14. O God, your mercies are fresh every day and call forth each day anew our voices of thanksgiving. Through Jesus Christ. *Amen.*
- 15. We thank you, our Heavenly Father, for these your good gifts. Bless them to our use, sanctify us and save us, for Christ's sake. *Amen*.
- 16. Our Father, we ask you to bless the food before us to our physical needs, and feed our spirits with your truth, for Jesus' sake. *Amen*.
- 17. Dear Lord, accept our sincere thanks for these new blessings, and hear us in our prayer for pardon. In Jesus' name we ask you. *Amen.*
- 18. The strength of the hills, and the depth of the sea, the earth and its fulness belongs to you; and yet to the lowly you bend your ear, so ready to hear their humble petitions. *Amen*.
- 19. We are ever conscious, Lord, of our sinfulness and our constant need of you. Support our lives by your grace, and bring us safely to your heavenly home. *Amen*.
- 20. Cover all our sins with you pardon, O Christ, and make us strong to overcome all sins, especially the sin of ingratitude. In all these bounties help us to see you, and glorify you. *Amen*.
- 21. Lord, you art a fountain that never fails. Fail us not in this, our physical need. And help us to call on you for the daily supply of spiritual power we need. Through Christ. *Amen.*

^{*} I found these prayers in a great-grandmother's old Bible. No attribution information was available. I edited the prayers in a few places and updated the language to reflect modern usage. *